



Do you want to live independently?

If you or a family member are living with a disability or an age related condition and would like to know how to live as independently as you possibly can in your community ... **give SICIL a call!**

812/277-9626 or 800/845-6914

See how we can help **you** achieve **your** goals based on **your** choices!



Located in The Solutions Center



WHAT IS INDEPENDENT LIVING?

Independent Living is the right of all people, regardless of their capabilities, to control and direct their own lives and to participate fully and meaningfully as equal members of society. We seek to remove community and physical barriers and restrictions, which tend to limit persons with disabilities from fully participating in their communities.

Independent Living is available throughout Indiana. **SICIL** proudly serves Hoosiers in the counties of **Bartholomew, Brown, Crawford, Jackson, Lawrence, Monroe, Orange** and **Washington**. We will provide information & referrals o anyone that gives us a call for help.

WHAT CAN WE HELP WITH?

Centers offer five core services:

- Information and Referral
- Advocacy
- Independent Living Skills
- Peer Support
- Transitions - Institutional(nursing facility)/Youth

All services are free and individualized according to the needs and choices of the consumer.

ALSO OFFER: Accessibility guidance and ADA
Employment assistance