

## Work-Based Learning Experience

Name:  Grade:  Date Completed:

You can complete this experience in several different ways. Make sure you select your way and provide any evidence. Then turn in this sheet, with any evidence (typically 1-2 pages listed below in the description of the experience; for most this is an hours log and reflection), to complete Bucket #2 of the Graduation Pathways. Please do not print/copy the pages front and back--submit only front-side copies, please.

**Job Shadow:** Spend three days (8 hours=a day) shadowing three different people in a career of interest to you (one person per day). Fill out and have them sign below. Then complete the Job Shadow Reflection (pg. 2).

Career	Date	Name Shadowed	Signature Shadowed

**Internship:** Spend a semester working a paid or unpaid internship (this includes Career Exploration Internship). Fill out and have them sign below. Then complete the Internship Reflection (pg. 3).

Job/Company	Semester	Employer Name	Employer Signature

**Employment:** Spend a minimum of six months working at a job(s) for pay. Fill out and have them sign below. Then complete the Employment Reflection (pg. 4).

Company	Dates of Employment	Employer Name	Employer Signature

**Work-Based Learning Experience Evidence**  
**JOB SHADOW EXPERIENCE Pg. 2**

Name:  Grade:  Date Completed:

**Job Shadow #1** (Complete sentences):

What two things did you discover that you enjoyed about the job?

What two things did you discover you didn't like about the job?

What two things did you learn about yourself?

**Job Shadow #2** (Complete sentences):

What two things did you discover that you enjoyed about the job?

What two things did you discover you didn't like about the job?

What two things did you learn about yourself?

**Job Shadow #2** (Complete sentences):

What two things did you discover that you enjoyed about the job?

What two things did you discover you didn't like about the job?

What two things did you learn about yourself?

**Work-Based Learning Experience Evidence  
INTERNSHIP EXPERIENCE Pg. 3**

Name:  Grade:  Date Completed:

**Internship** (Complete sentences):

What two things did you discover about working that you liked?

What two things did you discover about working that you didn't like?

What two things did you learn about yourself?

What employability skills do you feel like are most important (mark up to 10)?

Reading skills	Reasons	Demonstrates integrity	Uses technology
Writing skills	Plans and organizes	Demonstrates professionalism	Observes
Math skills	Teamwork	Takes initiative	Manages time
Science skills	Respects differences	Positive attitude/self-worth	Manages money
Thinks creatively	Responsibility/self-discipline	Professional growth desire	Manages resources
Thinks critically	Shows flexibility	Helps others	Manages personnel
Makes good decisions	Works independently	Organizes	Exercised leadership
Solves problems	Willing to learn	Communicates	Resolves conflict

What makes these most valuable to you? Why?

**Work-Based Learning Experience Evidence**  
**EMPLOYMENT EXPERIENCE Pg. 4**

Name:  Grade:  Date Completed:

**Employment** (Complete sentences):

What two things did you discover about working that you liked?

What two things did you discover about working that you didn't like?

What two things did you learn about yourself?

What employability skills do you feel like are most important for workers to have (mark up to 10)?

Reading skills	Reasons	Demonstrates integrity	Uses technology
Writing skills	Plans and organizes	Demonstrates professionalism	Observes
Math skills	Teamwork	Takes initiative	Manages time
Science skills	Respects differences	Positive attitude/self-worth	Manages money
Thinks creatively	Responsibility/self-discipline	Professional growth desire	Manages resources
Thinks critically	Shows flexibility	Helps others	Manages personnel
Makes good decisions	Works independently	Organizes	Exercised leadership
Solves problems	Willing to learn	Communicates	Resolves conflict

What makes these most valuable to you? Why?